



P10 - Geral					
Place	Name	Nr.	Club	Res.	Innerten
1	Domingos Moreira	7139	SCP	569	(10x)
2	Daniel Rodrigues	13406	ETE	567	(10x)
3	Fernando Ferreira	15642	CFM	565	(16x)
4	Alfredo Silva	13315	CTF	565	(13x)
5	Luís Neves	15347	CFM	550	(8x)
6	David Sampaio	14653	CTGaia	545	(12x)
7	Adriano Vilaça	14112	CTGaia	544	(9x)
8	Gonçalo Carvalho	16336	CFM	533	(8x)
9	Joel Carvalheiro	11912	CTF	516	(2x)
10	José Silva	9443	CTGaia	509	(3x)
11	Tiago Fernandes	16793	CTGaia	488	(5x)
12	Maria Sampaio	15878	CTGaia	452	(1x)
13	José Fontes	16914	CTGaia	429	(1x)
14	João Pinto	16795	CTGaia	426	(0x)
	Jorge Rego	13965	CAPPSP		DNS
	Jorge Deira	2425	acrFM		DNS



C10 - Geral					
Place	Name	Nr.	Club	Res.	Innerten
1	Pedro Oliveira	10705	CTGaia	589.4	(17x)
2	Paulo Couto	13743	CTGaia	585.6	(16x)
3	Sónia Silva	12400	ETE	569.1	(15x)
4	Bruna Ramos	15557	CTGaia	559.3	(10x)
5	Luís Ramos	14940	CTGaia	546.6	(7x)
6	João Gomes	16450	CTGaia	511.5	(6x)
7	Rita Canavarro	16760	CTGaia	328.0	(0x)



CCArt - Geral					
Place	Name	Nr.	Club	Res.	Innerten
1	Pedro Lopes	14937	CTGaia	377	(16x)
2	Tiago Lopes	16168	CTGaia	368	(8x)
3	Nuno Freitas	12621	CTGaia	367	(7x)
4	Paulo Couto	13743	CTGaia	363	(8x)
5	José Sousa	15295	CTGaia	346	(8x)
6	Luís Soares	16720	CFM	339	(5x)
7	Jorge Caeiro	16822	acrFM	339	(5x)
8	José Miranda	16358	CTGaia	338	(4x)
9	Bruno Gonçalves	12653	STVC	336	(1x)
10	José Rodrigues	16458	CTGaia	335	(2x)
11	Luís Alves	16656	CFM	319	(4x)
12	Pedro Pereira	16741	CTGaia	314	(1x)
13	Carlos Amorim	15953	CTGaia	307	(3x)
14	José Silva	16476	CTGaia	296	(2x)
15	Martim Soares	16703	CFM	296	(1x)
16	Sandra Rodrigues	16343	acrFM	290	(1x)
17	Mário Teixeira	16771	CTGaia	288	(2x)
18	Rui Martins	16697	CTGaia	288	(2x)
19	João Rodrigues	15400	acrFM	287	(2x)
20	Rui Pinto	16676	CTGaia	278	(2x)
21	Pedro Cortez	16465	CTGaia	271	(0x)
22	Mário Nogueira	16649	CTGaia	263	(3x)
23	Roberto Meireles	16203	CTGaia	260	(0x)
24	Nuno Silva	16770	CTGaia	260	(0x)
25	Célia Bastos	16457	CTGaia	243	(3x)
26	António Sousa	15272	CTGaia	214	(0x)



Competitor/Team		
Place	Club	Competitor
1	CTGaia	31
2	CFM	6
3	acrFM	4
4	CTF	2
5	ETE	2
6	CAPPSP	1
7	STVC	1
8	SCP	1
	Total	48



P10 - S					
Place	Name	Nr.	Club	Res.	Innerten

P10 - H					
Place	Name	Nr.	Club	Res.	Innerten
1	Domingos Moreira	7139	SCP	569	(10x)
2	Daniel Rodrigues	13406	ETE	567	(10x)
3	Fernando Ferreira	15642	CFM	565	(16x)
4	Alfredo Silva	13315	CTF	565	(13x)
5	Luís Neves	15347	CFM	550	(8x)
6	David Sampaio	14653	CTGaia	545	(12x)
7	Adriano Vilaça	14112	CTGaia	544	(9x)
8	Gonçalo Carvalho	16336	CFM	533	(8x)
9	Joel Carvalheiro	11912	CTF	516	(2x)
10	José Silva	9443	CTGaia	509	(3x)
11	Tiago Fernandes	16793	CTGaia	488	(5x)
12	José Fontes	16914	CTGaia	429	(1x)
13	João Pinto	16795	CTGaia	426	(0x)
	Jorge Rego	13965	CAPPSP		DNS
	Jorge Deira	2425	acrFM		DNS

P10 - SJ					
Place	Name	Nr.	Club	Res.	Innerten
1	Maria Sampaio	15878	CTGaia	452	(1x)

P10 - HJ					
Place	Name	Nr.	Club	Res.	Innerten



C10 - S					
Place	Name	Nr.	Club	Res.	Innerten
1	Sónia Silva	12400	ETE	569.1	(15x)
2	Rita Canavarro	16760	CTGaia	328.0	(0x)

C10 - H					
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1	Pedro Oliveira	10705	CTGaia	589.4	(17x)
2	Paulo Couto	13743	CTGaia	585.6	(16x)
3	Luís Ramos	14940	CTGaia	546.6	(7x)

C10 - SJ					
Place	Name	Nr.	Club	Res.	Innerten
1	Bruna Ramos	15557	CTGaia	559.3	(10x)

C10 - HJ					
Place	Name	Nr.	Club	Res.	Innerten
1	João Gomes	16450	CTGaia	511.5	(6x)



CCArt - S					
Place	Name	Nr.	Club	Res.	Innerten
1	Sandra Rodrigues	16343	acrFM	290	(1x)
2	Célia Bastos	16457	CTGaia	243	(3x)

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2	Nuno Freitas	12621	CTGaia	367	(7x)
3	Paulo Couto	13743	CTGaia	363	(8x)
4	José Sousa	15295	CTGaia	346	(8x)
5	Luís Soares	16720	CFM	339	(5x)
6	Jorge Caeiro	16822	acrFM	339	(5x)
7	José Miranda	16358	CTGaia	338	(4x)
8	Bruno Gonçalves	12653	STVC	336	(1x)
9	José Rodrigues	16458	CTGaia	335	(2x)
10	Luís Alves	16656	CFM	319	(4x)
11	Pedro Pereira	16741	CTGaia	314	(1x)
12	Carlos Amorim	15953	CTGaia	307	(3x)
13	José Silva	16476	CTGaia	296	(2x)
14	Mário Teixeira	16771	CTGaia	288	(2x)
15	Rui Martins	16697	CTGaia	288	(2x)
16	João Rodrigues	15400	acrFM	287	(2x)
17	Rui Pinto	16676	CTGaia	278	(2x)
18	Pedro Cortez	16465	CTGaia	271	(0x)
19	Mário Nogueira	16649	CTGaia	263	(3x)
20	Roberto Meireles	16203	CTGaia	260	(0x)
21	Nuno Silva	16770	CTGaia	260	(0x)

CCArt - SJ					
Place	Name	Nr.	Club	Res.	Innerten

CCArt - HJ					
Place	Name	Nr.	Club	Res.	Innerten
1	Tiago Lopes	16168	CTGaia	368	(8x)
2	Martim Soares	16703	CFM	296	(1x)
3	António Sousa	15272	CTGaia	214	(0x)